

# Vero Beach Native Turns Aviation Expertise into Literary Thrillers

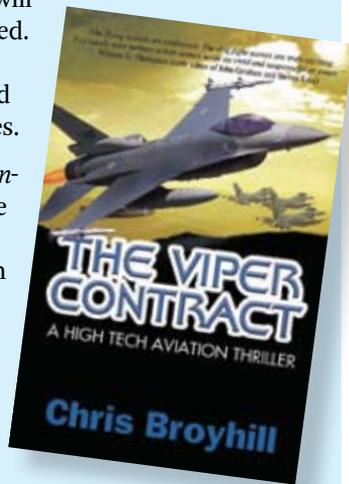


Chris Broyhill's literary journey started in Vero Beach High School. After writing short stories for the late Mr. Sam Burns and Mrs. Jan Guerra while he attended school, Chris graduated from Vero Beach High in 1977, destined to attend the Air Force Academy and determined to fly jets and serve his country. He served for over 20 years and flew the A-10 and F-16 in Europe, Asia and in the United States. After he retired from the USAF as a lieutenant colonel in 2001, Chris began a second career in corporate aviation and has flown both Gulfstream and Falcon business jets all over the world. Along the way, Chris was tasked to put his leadership skills to work and is now the Chief Pilot for a Fortune 100 company.

But Chris's love of writing never left him and now he has used his aviation expertise to create a riveting thriller that is garnering four and five- star reviews on Amazon.com, Barnes and Noble, Goodreads and even in an industry publication, Aviation International News.

His novel, *"The Viper Contract,"* published in late 2011, puts the reader inside the cockpit of the F-16 and lights the afterburner for a nine g thrill ride. Featuring a believably-flawed protagonist, two CIA operatives, maniacal villains, beautiful women, and a plot that could have been taken from the Blackwater playbook, *"The Viper Contract"* showcases Chris's considerable writing talent and provides the reader with a look inside the world of fighter aviation that few books have been able to match. *"The Viper Contract,"* is a page-turner that is difficult to put down and has already been optioned for a screen treatment. The sequel, entitled *"The Cabo Contract,"* is now in the final revision stages and will soon be published. Chris has begun work on the third book in the series.

*"The Viper Contract"* is available wherever fine books are sold in both print and ebook formats. For further information see Broyhill's website at [www.ChrisBroyhillBooks.com](http://www.ChrisBroyhillBooks.com).



# The Power of Less

By Victoria Bowmann, PhD

There are several things I embrace which have shown me the power of less: Bowen therapy, Nanotechnology, and Homeopathy. Each of these appears to have little or no power when they are, indeed, power-filled.

One of the examples I use is that of an opera singer hitting a note and shattering a glass across the room. Of course the note must be pure and clear to cause the glass to break. Why does it occur? The answer is the correct frequency.

**Bowen therapy:** This Australian modality is similar to strumming or plucking the muscles as if they were strings of a guitar or cello. A vibration moves throughout the muscle, to its related groups and connections, and then the brain "tunes" the muscles much like a musician twists the knobs to tighten or loosen the string. The importance in this work is the specificity with which the practitioner works.

**Nanotechnology:** This word entered our dictionaries in 2002 and is a billionth - that's really small. One method is imprinting frequencies onto a band, when worn on the body, will communicate with our own energy systems. At this time, these bands are designed to increase energy, stamina, and endurance. Golf games have improved. Some are designed to assist sleep.

**Homeopathy:** We use the law of similar. When the frequency of the remedy is in close resonance with the symptoms of the patient, the inherent healing mechanism within the person responds. The smaller the dilution (less of the substance and in many cases, no material substance left in the remedy), the less often it is given, the more powerful it is. I'm always in awe as I see healing occur with a well-selected remedy.

The sky's the limit with the power of "less".



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 Restaurant Open Tuesday - Saturday, 6 to 10 pm | Piano Bar Open Every Night, 5:30 - Till Close